# Jillaine Marie Psychic Medium



**AGATE** 

Good for transmutation; helps with the emotion of acceptance; gives a mellow, blended aspect; beneficial in stomach area.



**AGATE BLUE LACE** 

Stone of communication & voicing your truth, opening throat chakra, stabilizes the aura, eliminating and transforming negative energies. It stabilizes the aura, eliminating and transforming negative energies. Aides sore throats, aching or swollen glands in the neck, and may aid thyroid problems, arthritis & bone problems.



AGATE / BOTSWANA

Use with high-pressure oxygen therapy; smoke inhalation.



**AGATE / FIRE** 

Master healer with color therapy; enhanced all essences; grounds and balances; sexual & heart chakra binder; burns energy.



**AGATE / MOSS** 

Emotional priorities; mental priorities; colon, circulatory, pancreas & pulses; blood sugar balance; agriculture.



**ALEXANDRITE** 

Low self-esteem & difficulty centering imply need; central nervous system disorders; spleen & pancreas.



**AMBER** 

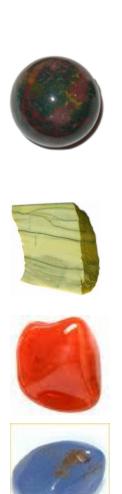
Memory loss; eccentric behavior; anxiety; inability to make decisions; thyroid, inner ear & neuro-tissue strengthener; activates altruistic nature; realization of the spiritual intellect.





of negativity.

energy. Powerful tools to cleanse your auric field



# **BLOODSTONE** / **HELIOTROPE**

**BUTTERSTONE** 

Circulation; all purpose healer & cleanser; stomach & bowel pain; purifies bloodstream; bladder, strengthens blood purifying organs.

#### **BLUE LACE AGATE**

promotes a grounding earth energy

Brings hope and healing

steadfast persistence

stability

connection to the essence of life

resilience and versatility

CARNELIAN

Grounding; stimulates curiosity & initiative; focuses attention to the present moment; use with citrine on lower 3 chakras; digestion.



CHALCEDONY

Touchiness; melancholy; fever; gallstones; leukemia; eye problems, stimulates maternal feelings & creativity. Release.



**CHRYSOCOLLA** 

Emotional balancer & comforter; alleviates fear, guilt & nervous tension; facilitates clairvoyance; arthritis; feminine disorders; eases labor & birth, thought amplifier.



**CHRYSOLITE** 

Inspiration; prophecy; toxemia; viruses; appendicitis.



**CHRYSOPRASE** 

Gout; eye problems; alleviates greed, hysteria & selfishness; VD; depression, promotes sexual organ strength.



**CITRINE QUARTZ** 

Heart, kidney, liver & muscle healer; appendicitis; digestive tract; cleanses vibrations in the atmosphere; creativity; helps personal clarity; will bring out problems in the solar plexus & the heart; stops self-destructive

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**CLEAR QUARTZ** 



DALMATION JASPER W/BLACK TORMALINE



**DUMORTIERITE** 



**EILAT STONE** 

tendencies.

Quartz (clear) - Can bring the energy of the stars into the soul. Traditionally, the natural quartz crystal was said to both harmonize and align human energies, thoughts, consciousness, emotions. Promotes harmony, and is recognized as a Stone of Power. Stimulates brain function & power, aids clarity of mind. Dispels negativity in ones energy field and environment, aligns all chakras, a very powerful healer. Transmitter & amplifier of healing energy & clarity; balancer, channeler of universal energy & unconditional love; all-purpose healer; programmable.

Psychic protection, faith & loyalty in relationships, helps with sprains and cartilage problems, digestion, aids in sleeping well, converts the negativity into positive energy and vibrates within solar plexus,

Promote a positive attitude to life and to help you to stay 'young at heart'. It is also said to increase assertiveness and self-confidence encouraging you to speak out when you feel you are being treated unfairly. In addition Dumortierite is said to calm and focus you in traumatic situations giving you the tools to cope with a crisis. Is a very spiritual stone, to communication with your angels and spirit guides and to help you to see the good in the people who are around you. It increases self-discipline & organizational skills, allowing you to sort out your files, procedures and thought processes. These properties make it an excellent stone for those starting up or running their own business. It helps t for headaches, nausea, vomiting, cramping and colic. Placed gently on an affected area it is said to soothe sunburn.

Tissue & skeletal regeneration; detoxification; antidepressant; karmic life acceptance



# **EMERALD**

Radiation toxicity; all mental illness; circulatory & neurological disorders; transmits balance, healing & patience; increases psychic & clairvoyant abilities; meditation; keener insight into dreams.

#### **FLOURITE**

Bone disorders; anaesthetic; hyperkenesis; ability to concentrate; balances polarities; 3rd eye center; mental capacity & intellect.

# **GARNET** / RHODOLITE

Capillaries; skin elasticity, protection from precancerous conditions

## **GARNET** / **SPESSARTINE**

Bad dreams; depression; anger; self-esteem; hemorrhages; hormone imbalances; inflammations, sexual disease

#### **GOLDSTONE HEART**

Goldstone Heart is beautiful not only for the color and pattern it reveals, but also for its meaning. It is a synthetic made of copper shavings in glass. It is believed to store the energy of those who touch it, making it an excellent gift for loved ones who are far away. A wonderful treat from Mother Earth for everyone you love



#### **HEMATITE**

Hematite helps to absorb negative energy and calms in times of stress or worry. It is a very protective stone and is great to carry to help you stay grounded. Works with the Root Chakra, helping to transform negative energies into a more positive vibration. Blood cleanser & purifier; self esteem; augments meridian flows; aids in astral projection.



HOWLITE

calming energy, relieve anxiety, tension and intense emotions. Good for insomnia, balance calcium levels, aiding teeth and bones.



#### JADE WITH PYRITE

Jade provides an invisible barrier against attack and illness. It is regarded as a "travellers stone". It is said to bring the user a long and fruitful life. It is also a "dream stone" as it brings realisation to ones potential and devotion. jade symbolized the five virtues of humanity: wisdom, compassion, justice, modesty and courage.Kidney, heart, larynx, liver, parathyroid, spleen, thymus, thyroid & parasympathetic ganglia healer; strengthens body, longevity.

**JASPER / GREEN** 

Jaspers are the nurturers, the healers and the spirit stones of courage and wisdom. They all carry a strong connection to the Earth's energy, making the jasper healing properties very beneficial for grounding, stability and strength. Helps with Constipation; ulcers; intestinal spasms; bladder, gallbladder & general healer; clairvoyance; balances healer's aura field.



JASPER / RED

Red Jasper stimulates gently and steadily, enhancing stamina and endurance, and increasing the amount of chi, or life force, in one's aura. It is a stone of health and passion, and brings the courage to face unpleasant tasks and to rectify unjust situations. Helps with Liver; stomach troubles & infections. A stone of physical strength and energy,



JASPER / MOOKITE

A powerful healing stone that helps provide stability to one's perspectiveto make the right decisions. It connects one to the energies of the earth, allowing for a deeper connection to the eternal instinct of the spirit in human form. During meditation can help to connect with ancestors' spirits. It balances the Root, Solar Plexus, and Third Eye Chakras, & improves flow. Slows the aging process, & is great for working with animals, can assist during pregnancy, & is the rainmaker & garden stone



JASPER / YELLOW

Yellow jasper's energies are compatible with the healing properties of the sun. It can be used to tap into knowledge stored in the instinctual gut (solar plexus) chakra. It helps repair damage to the auric field in the lower extremities of the physical body. Endocrine system tissue; thymus; pancreas; sympathetic ganglia stimulation; etheric body alignment.

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**JET** 

Feminine disorders; teeth; stomach pain; glandular swelling; fevers; hair loss; alignment of lower spine.



**KUNZITE** 

**LAPIS** 

Alcoholism; anorexia; arthritis; epilepsy; gout; headaches; colitis; retardation; memory loss; schizophrenia & manic-depression; phobias; emotional equilibrium; thyroid malignancy; gums; pain; self-esteem



Lapis helps in creating mantras. Signifies deep power, wisdom, and inner strength, for psychic developmen, higher insight, and decision making. Opens your mind for creative use, expanding your viewpoint, and getting in contact with your inner power. Helps Neuralgia; melancholy; fevers; inflammations; penetrates subconscious blockages; throat chakra; sore throat; energy focuser for teachers, lecturers & speakers, mental & spiritual cleanser; used on 3rd eye for meditation; eliminates old & negative emotions.



**LAZULITE** 

Frontal lobe stimulation; hypertension; liver diseases; immune system.



**MALACHITE** 

Draws out impurities on all levels; balances L & R brain functions; mental illness; co-ordination and vision; radiation eliminator; evil eye protector; all purpose healer, especially in solar plexus & good for healers.



**MOONSTONE** 

Soothes & balances the emotions; helps eliminate fear of "feeling"; encourages inner growth & strength; aids peace & harmony & psychic abilities; aligns vertebrae; digestive aid.



#### **MERLINITE**

Mystic Merlinite opens intuitive abilities, increases sensitivity the subtle realms, allowing one to channel plant and animal spirits, and devic entities. This is for work with elemental energies for magical manifestation or awakening to mystical experiences. It symbolizes the Light and Shadow sides of the self. It brings the exiled parts of oneself back into the light of consciousness & truth to bring the self into wholeness and allows the unity of self and World. Its dream-enhancing qualities are encouraged by Lemurian Golden Opal. For attuning to the spiritual call of the unknown future,



#### **MORGANITE**

Larynx; lungs; thyroid; parasympathetic nervous system, major muscle tissues



## OBSIDIAN – BLACK & SNOWFLAKE

A stone of purity, provides balance for body, mind and spirit. It helps you recognize and release "wrong thinking" and stressful mental patterns. Promotes dispassion and inner centering. It empowers isolation and loneliness, aiding surrender in meditation. Protects the gentle from being abused; stabilizer; stomach, intestine &I general muscle tissue healer; bacterial & viral inflammations.



**ONYX** 

Objective thinking; spiritual inspiration; control of emotions & passions, help eliminate negative thinking, apathy, stress & neurological disorders; also used as a heart, kidney, nerve, skiing, capillary, hair, eye and nail strengthener.



**OPAL / CHERRY** 

Red corpuscle & blood disorders; depression; apathy; lethargy; intuition & joy.



**OPAL / DARK** 

Reproductive organs; spleen & pancreas; filters red corpuscles & aids white corpuscles; bone marrow; depression, esp. of sexual origin; balances; amplifies creative & intuitive thought; grounds radical emotional body.

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# **OPAL / JELLY**

Spleen & abdominal diseases; cellular reproductive problems; helps absorb nutrients; minimizes wide mood swings; mystical thought amplifier.

# **OPAL / LIGHT**

Balances L & R brain hemispheres for neuro disorders; stimulates white corpuscles; helps bring the emotions to mystical experiences; aids abdomen, pituitary & thymus problems.

#### **PEARL**

Eliminates emotional imbalances; helps one master the heart chakra; aids stomach, spleen, and intestinal tract & ulcer problems.



#### **PERIDOT**

Protects against nervousness; helps alleviate spiritual fear; aids in healing hurt feelings & bruised egos; incurs strength & physical vitality; aligns subtle bodies; amplifies other vibrational energies & positive emotional outlook; helps liver & adrenal function.



### **PYRITE**

Helps purify the bloodstream and upper respiratory tract; upper intestines; digestive aid; nervous exhaustion, grounding.



# **QUARTZ / SOLUTION**

Lymphatic cancer & circulatory problems; helps the psychologically inflexible.



# RHODOCHROSITE

Narcolepsy & narcophobia; poor eyesight; extreme emotional trauma; mental breakdown; nightmares & hallucinations; astral body; kidneys; clears solar plexus of blocked energy; unconditional love & forgiveness; evil eye protection; helps one utilize the creative power of the higher energy centers.



RAINBOW AURA MAGNETIC HEMATITE PALMSTONE

Palm Stone for Grounding, Strength. Positive Energy Healing Crystal Stone Magnet



**RHODONITE** 

Inner ear; alleviates anxiety; confusion & mental unrest; promotes calm, self worth, confidence & enhanced sensitivity.



**RHYOLITE** 

Balances emotions; self worth; enhances capacity to love; aligns emotional & spiritual bodies; stimulates clarity of self-expression.



**ROSE QUARTZ** 

Heart chakra opener, love & self-acceptance healer for emotional wounds dissipates anger & tension. Stone of romance enhancing its power to attract love. Improve interpersonal relationships at work. At home, rose quartz creates a welcoming environment, stimulating feelings of love, tenderness, and tranquility. Rose Quartz - The bringer of love in its many forms-romantic and otherwise. Wear it to attract love, give it to someone as a symbol of your love or appreciation. Many believe rose quartz also heals emotional wounds while promoting self-love.



ROYAL AZEL (SUGALITE or LUVALITE)

L & R hemisphere balance; opens crown chakra; heart expression; increases altruism, visions & general understanding; protects against negative vibrations; helps one gain power to balance the physical body



**RUBY** 

Heart chakra; balances love & all spiritual endeavors; self-esteem; strengthens neurological tissues around the heart; prevents miscarriages.



**RUTILE** 

Alleviates blockages within the psyche from childhood pressures.



**SAPPHIRE** 

Spiritual enlightenment; inner peace; colic; rheumatism; mental illness; pituitary; metabolic rate of glandular functions; anti- depressant; aids psychokinesis, telepathy, clairvoyance & astral projection; personal expression; also for pain.



**SARDONYX** 

Mental self-control depression anxiety & especially for grief.



**SELENITE** 

High vibration crystal for clarity of mind, by cleansing the aura of negative energy build-up, both within the physical and the etheric body, move your spiritual growth forward quickly. Third eye chakra, the crown chakra and the soul star chakra.



**SMITHSONITE** 

Eases fear of interpersonal relationships; merges astral & emotional bodies; balances perspective.



**SMOKY QUARTZ** 

Stimulates Kundalini energy; cleanses & protects the astral field; draws out distortion on all levels; good for hyperactivity & excess energy; grounding.



SHIVA LINGHAM STONES

Shiva Lingam is for Grounding vibrations of harmony and balance resonate deeply, aiding in meditation, sleep, and daily living. Resonates with energies of all the elements - Earth, Fire, Water, Air and Stone. Use to balance the yin & yang with channeling & meditation, Charge the entire chakra system, Activate kundalini energies, Boost vitality, Enhance inner transformation. Break up old patterns and open the path for new life. Help to feel unity, even during times of separation. Healers use shiva



**SHUNGITE** 



**SODALITE** 



**SPINEL** 



TIGER'S EYE



**TOPAZ** 

lingams to treat impotence, infertility, strengthen and balance the whole body.

Shungit improves gastrointestinal tract, liver, kidneys, and metabolic processes & helps water skin diseases are cured quicker. Face skin rejuvenates, wrinkles smooth down and skin elasticity restores. It is the WONDER STONE & is said to kill and absorb everything that does harm to people and live beings to restore everything that is useful. Shields electromagnetic radiation of electronic devices. It heals, saves, cleans, improves, protects, neutralizes and regenerates. Scientific investigations showed pathogenic and electromagnetic radiation causes heart diseases and up to 60% of cancer diseases. It protects people from negative influence, is a guard against the "evil eye"which leads to sudden deterioration of human health for no obvious reason

Soldalite is the calming stone for stress, & the awakening stone for intuition. Oversensitivity; helps intellectual understanding of a situation; awakens 3rd eye; cleanses the mind. Stimulates thought, truth, communication, increases intelligent. Helps glands, diabetes, digestive, relieving insomnia, lymphatic cancer. Sodalite is associated with the throat and brow chakras.

Leg conditions, when worn on solar plexus; powerful general healer; detoxification aid

Tigers Eye is a protection stone. Increases confidence and willpower. Mind focuser; helps purify the blood system of pollution's & toxins; psychic vision; grounding.

Balances emotions; calms passions; gout; blood disorders; hemorrhages; increases poor appetite; general tissue regeneration; VD; tuberculosis; reverses aging; spiritual rejuvenation; endocrine system stimulation; releases tension; feelings of joy.



# TOURMELINE / BLACK

Tourmeline dispels fear & negativity & grief; calms nerves; concentration & eloquence improve; genetic disorders, cancer & hormones regulated; raises vibrations; charisma; universal law; tranquil sleep. Arthritis; dyslexia; syphilis; heart diseases; anxiety; disorientation; raises altruism; deflects negativity; neutralizes distorted energies, i.e. resentment & insecurity.



TOURMELINE / RUBELLITE

Creativity; fertility; balances passive or aggressive nature



TOURMELINE / GREEN

Creativity; opens heart chakra; immune system psychological problems with the father blood pressure asthma balancer eliminates conflict within.



TOURMELINNE / BLUE (INDICOLITE)

Lungs, larynx thyroid parasympathetic nerves.



TOURMELINE / WATERMELON

Heart chakra healer; imparts sense of humor to those who need it; balancer; eliminates guilt; nervous system; integration, security & selfcontainment.



**TURQUOISE** 

Master healer; protects against environmental pollutants; strengthens anatomy & guards against all disease; improved absorption of nutrients; tissue regeneration; subtle body alignment & strengthening eye disorders.



YELLOW HEMATOID HEALER

It is a highly energetic piece that assists in removing negativity & transmuting this energy into a positive and pure Universal light of love. It balances the body, mind and spirit & brings clarity& understanding to the emotions. Promotes Self Worth and Self Esteem, enhances focus & concentration; helpful for ADD and ADHD. Great for grounding & balance. Good for anxieties, panic, hysteria, blood disorders, balance the chakras, boost the immune system, stimulate healing, strengthen liver and kidney functions, and cleanse toxins.

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# **HOW TO WORK WITH CRYSTALS**

Program your crystal with an intention to manifest true change. Use sticky notes to set the intention. \* Wear your crystals and put into a piece of jewelry. \* Toss them into your purse or pocket. You can also put in a small organza bag in your car or at work. \* Meditate with them by placing on the areas as you pull negative or stagnant energy out of the body. \* Create a crystal grid for manifestation and healing. \* Use them in a bath with your favorite salts and aromatherapy. \* Make a sacred space with your favorite metaphysical items, angel statues, prayer wheels & books. \* Use as a sacred blessing and healing ritual along with my Sage Smudging Sprays and Home Sage Kit.